



Jack Mortland
5/10/20k RW

SANCTIONED BY: OHIO ASSOCIATION of USATF

Sunday May 24, 2015

Yellow Springs HS

10:00 AM Start Time

Judged by USATF certified Officials

- Schedule** 09:00 AM Registration & Warm Up
 10:00 Competition starts, all categories combined
- Age Groups** Junior M&W (19 and younger), Open M&W, and Masters M&W (in 5 year divisions 30-35, 35-39, etc.)
- Course** 400m All weather track—no curb. Cones will be placed on track.
- Results** Results will be posted at www.swohiotc.org, results posted by age categories
- Entry Fee** US\$ 20. — payable at day of meet when registering. Cash or check no credit or debit cards accepted.
 Entry fee is not reimbursable if the race walk has to be cancelled due to weather.
- Awards** Awards to the first 3 men and women in the Junior, Open and Master Categories.
- Concession** There will be no concession available, so bring your own food and drinks.
- Location** John Gudgel Track, Yellow Springs High School, 420 E Enon Rd, Yellow Springs, OH 45387
- Directions** **From North, West and East:** Take I-70 to US #68 & go South to Yellow Springs. Turn Right (West) onto West South College Rd. (at 3rd light). Go West 1 mile to HS. **From South:** Take I-675 to Dayton-Yellow Springs Rd Exit (Exit #20 at Fairborn HS) Turn Right (East) on Dayton-Yellow Springs Rd. and go 6 miles to Yellow Springs. Turn right onto East Enon Rd to HS on right.
- Lodging** Springfield (10mi. North of YS @ I-70 & SR#72) Holiday Inn & Ramada Inn Express
 Fairborn (9mi SouthWest of YS @ I-675, exit #17, by mall & Wright State U.) Holiday, Hampton & Red Roof Inns
 Yellow Springs - Morgan House Bed & Breakfast (767-7509) & Springs Motel (767-9004) on south side of YS.
- Information** For more info go to www.swohiotc.org or send e-mail to info@swohiotc.org

I, hereby, for myself, heirs, executors and assigns, waive all claims for damages that may arise the organizers or sponsors of the Southwest Ohio Track Club PV Night, Southwest Ohio Track Club, Yellow Springs Schools and their agents or representatives for injuries suffered at this event. I certify that I, or, my minor child, - named below, is in good health and sufficiently trained to compete. I realize that participants may be subjected to drug testing under USATF and IAAF rules, and those found positive for banned substances or who refuse testing will be disqualified from this meet and banned from future events. (Some over-the-counter medications contain banned substances. For information on testing and banned substances, call the UOSC hotline: (800) 233-0393.)

Name: _____ Date of Birth: _____ Age: _____

Address: _____ Affiliation: _____

City: _____ State: _____ Zip: _____ (Sex) M ___ F ___ Phone: (____) _____ - _____

E-mail: _____ Distance: 5K _____ 10K _____ 20K _____

Bib #:	Category:
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Signature: _____

(If under 18, a valid signature of a parent or guardian is required)